

### The Ekhämmar figurine

The bronze Ekhämmar figurine was found in 1968 at the dig by the motorway exit in Brunnå, one kilometre north of Ekhämmar Manor. The symbol is now used as Upplands-Bro municipality's coat of arms.

## Upplands-Bro municipality – in the heart of the Mälaren Valley

Upplands-Bro has some of the most beautiful nature that Greater Stockholm's landscape has to offer. The welcoming, varied and accessible landscape, with large, untouched nature areas and preserved ancient monuments, offers a wealth of opportunities for an active life. Here you will find a rich heritage stretching back several millennia, with exciting developments ahead.

The large rural district of Upplands-Bro was formed on 1 January 1952 when the parishes of Stockholms-Näs, Västra Ryd, Häbo-Tibble, Håtuna and Bro-Lässa were consolidated. The municipality is home to two major urban areas, Bro and Kungsängen, where childcare, schools and elderly care are well developed.

Upplands-Bro offers many opportunities for those who are interested in outdoor activities, nature and culture whilst retaining a desire to be close to the big city. The municipality is also home to a wealth of club activities which satisfy most areas of interest.

With pedestrian and cycle routes, you can easily find your way to beautiful nature, interesting cultural environments, viewpoints and sports facilities.

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### Upplands-Bro KOMMUNEN SOM GER PLATS

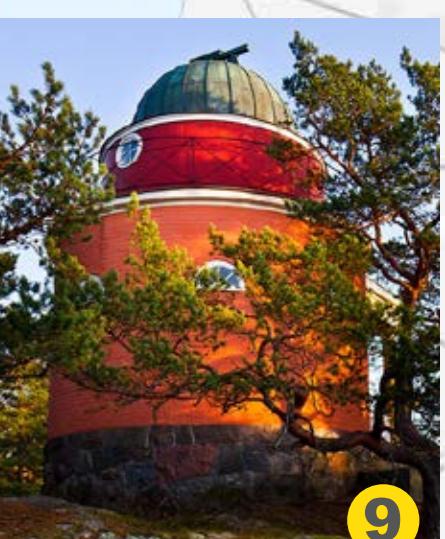
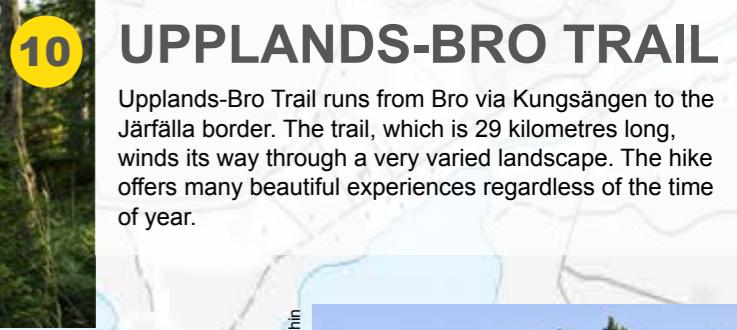
**Tourist and leisure map**  
Approved for dissemination from a contemporary viewpoint. Geodata Collaboration. Tourist and leisure map produced in June 2017 by Upplands-Bro municipality. Project manager and maps: Sofie Lagerfors. Photo: Ekström 2017  
Want to know more about Upplands-Bro? [www.upplands-bro.se/kommun@upplands-bro.se](http://www.upplands-bro.se/kommun@upplands-bro.se)



## Tourist and leisure map

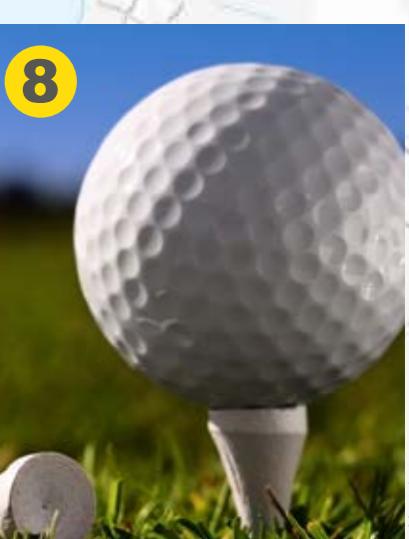
### UPPLANDS-BRO TRAIL

Upplands-Bro Trail runs from Bro via Kungsängen to the Jarfalla border. The trail, which is 29 kilometres long, winds its way through a very varied landscape. The hike offers many beautiful experiences regardless of the time of year.



### KVISTABERG

Kvistaberg Observatory is the oldest working observatory in Stockholm county, and is still situated in the location where it was constructed. It is a well-preserved site which has retained the character of its early 1900s origin.



### GOLF COURSES

Upplands-Bro offers a number of opportunities to play golf. Here on the map you will find Bro-Bästa Golfklubb, Kungsängens Golf Club, Söderfjordens Golfklubb and Bro Hof Slott.



### PUBLIC ART

In Upplands-Bro, interesting art is always just around the corner. **Trashstone 601 och 602** stands in front of Kulturhuset in Kungsängen (Wilhelm Mundt). **La Culture – C'est moi!** (Culture – It's me!) is located below the town square in Kungsängen (Carl Fredrik Reuterswärd). **Björkbok** stands on Kungsängen town square (Roland Haerlelin). **Fjöllspelerski** is positioned on the town square in central Bro (Thomas Qvarsebo). **Spiden från Mars** is found in Kulturhuset in Kungsängen (Anna Svensson). **Ananaspåsgångare och Kvastvennen** are located on Bro town square (Olle Brand). More information at [www.upplands-bro.se/kultur](http://www.upplands-bro.se/kultur)

### RÖSARING

At Rösaring, you will find a number of unusual ancient monuments which show us that the site was used for religious ceremonies; perhaps during both the Bronze Age and Iron Age. The reason this site was chosen was likely its high elevation, meaning it was visible from afar.



### HORSE RACING

Onsta Manor in Bro is home to Svensk Galopp's new facility Bro Park race course, inaugurated in 2016. This is central Sweden's new centre for horse racing.



### KUNGÄNGEN SPORTS GROUNDS

A modern sports facility in Gröna Dalen, south of the E-18. Kungsängen IP (sports grounds) is home to five full-size football pitches, three with natural grass and two with artificial turf. There is also an artificially frozen bandy field, athletics fields, service building with cloakroom and cafeteria.



### MEDIAEVAL CHURCHES

Upplands-Bro municipality is home to several medieval churches: Bro kyrka, Håtuna kyrka, Lässa kyrka, Häbo-Tibble kyrka, Västra Ryd and Kungsängen kyrka.

Häbo-Tibble kyrka features paintings from the time of Albertus Pictor.



### BATHING AREAS

There are six bathing areas under municipal management: Grönudden, Lillsjöbadet, Stigstorpsbadet, Frölundabadet and Vallbybadet. Björknabadet is managed by First Camp. A number of the sites have barbecue areas. Lillsjöbadet and Hållkanna feature jogging tracks, diving towers, jetties and beach volleyball. Lillsjön also offers frisbee golf, a café, food, miniature golf, boules, canoe rental and a bathing ramp for accessibility.



### FRÖLUNDA

Frölunda nature reserve was formed in 2010 in order to preserve a valuable outdoor environment with the lakeside nature characteristic of Mälaren. Here we encounter leafy woodlands rich in berries and mushrooms, and cliffs with small, sandy coves. The area presents an excellent opportunity for a bicycle ride.

